BREAST CANCER REHABILITATION & WELLNESS SUMMIT 2019-20

SESSION 1

Loving Life Lessons Amy Camie CCM USA

Yoga-inspired surgery and care Dr Emilia Dauway Australia

SESSION 2

Pulling back after cancer? Cancer rehab should be available (USA)Mackenzie Pergolotti OT USA

Practice mindfulness on your device David Dashinger & Tamara Green USA

TRAM flap rehab care needs Denise Stewart OT, Australia

Massage after mastectomy

Maria Natera MT, USA

SESSION 3

Managing the chemo side-effects at hands and feet Amber Trevino PT DPT USA

Three ways to journal your cancer experience Dr Robin Dilley, Psychologist, Coach USA

Taping skin Clare Anvar Lymphoedema Therapist UK

Why you need a rehab cancer therapist on your team, right from the start Leslie Walktke PY USA

SESSION 4

Rehab to manage the Anti-estrogen medication side effects

Jessica Bertram PT USA

Why is Pilates suitable?

Naomi Aaronson OT USA

Healing exercises for compromised vagus nerve Melanie Weller PT USA

Which massage therapist to choose?

Amy Tyler Oncology MT, Aust

SESSION 5

Managing Anti-estrogen side effects with photomodulaton Kelley Mondesire TCM USA

Guide to self- massage Marci Javril Massage and Yoga Therapist USA

Taping for swelling after mastectomy

David Blow TCM, Italy

SESSION 6

Practice pilates with Naomi Naomi Aaronson OT USA

The Breast Book and Kick Pink project

Susannah Haarmann PT USA

SESSION 7

Constructing an MDT model of care Emad Besher PT Qatar

Support for a healthier lymph system Kiti Rolle- Adderley PT Bahamas

Lymphoedema care can be personalized Cynthia Shechter OT USA

An unknown and problematic shoulder muscle SA Denise Stewart OT Australia