

Breast Cancer Rehabilitation & Wellness Summit 2017-18

Session 1

Rehabilitation and wellness: Overview	Kristin Carroll
Breast cancer scar tissue: Overview	Marjorie Brook
Skin rashes: How to manage them	Morag Curran
Yoga for survivors in Mexico	Andrea Cabanas
Exercise for survivors- why it needs to be addressed	Andrea Leonard
How a coach helps	Paula Holland
What to have in your medicine bag	Dr Robin Dilley

Session 2

How to find a cancer aware therapist	Karen Anderson
Mindfulness training	Prof Linda Carlson
Understanding the immune system and the mind	Avinom Lener
Can food be used as medicine	Dr David Wilkinson
Oncology Massage to relieve symptoms	Amy Tyler
Physical Recovery: A Physical therapists advice	Renuke Pinto
Menopause changes: Physical therapy approach to sexuality	Susannah Haarmann

Session 3

Physical Therapist services in Argentina	Andrea Melendi
Meditation Practice	Charlotte Nuessle
Taking Action on cancer related fatigue	Dr Caroline Sandler
Menopause: Non-Hormonal treatment for vaginal changes	Dr Anna Burrows
Yoga as therapy; safe practice guidelines	Marianne Cirone
Mastectomy and cording scar treatment	Elisabeth Josenhans
Massage therapy: Core Alignment Technique	Eeris Kallil

Session 4

Mastectomy pain Syndrome	Dr Michael Stubblefield
Fascia and links to other parts of the body	Daya Fisch
Treatment for lymphoedema and cording	Susan Nichols
Reiki: Helping people after cancer	Jane Van De Velde
Insights into finding the right therapist	Darcy Burbage
Life Stories: Where the real magic happens	Tricia La Bella
The harpist: A therapist's story of her own breast cancer	Alice McGarvie

Session 5

Manage Osteoporosis risk	Carol Michaels
Survivors to FIERCE	Alene Nitzki
Choosing a prosthesis	Wendy Smith
Dealing with emotional scars	Rebecca Pine
Breast cancer care- Taping for healing	Stella Glowinski
Posture training bio-feedback vs instructions	Lorraine Mulready
Acupuncture for post cancer symptoms	Dr Kelley Mondesire

Session 6

Pilates adapted for breast cancer survivors	Naomi Aaronson
Physical Therapy after breast cancer in Mantova Italy	Laura Mutti
Treatment for tight breast scar	Claire Davies
Counselling: Find the right support after cancer	Linda Conyard
New electrical stimulation devices	Lorna Golombic
Nerve changes secondary to chemotherapy	Janet Schloss
11 Essential steps to recovery	Lou James
What's next after cancer treatment ends Part 1	Paula Holland De Long
Lymphoedema: When and how to find a therapist	Dr Judith Nudleman

Session 7

Problematic breast/chest scars: Assessments to guide treatments	Denise Stewart
Three essential steps to create whats next for best possible life (Part 2)	Paula Holland de Long
How clinical hypnosis can help cancer care	Avinom Lerner
Vaginal changes: Nourishing the tissues	Ellen Barnard
Oncology Naturopathy and Nutritionist	Shannon Carlin
Stillness meditation	Rii Mitchell
Skin care products: Reading the labels	Morag Curran
Questions answered about massage after cancer	Eeris Kallil
Tips for lymphoedema care	Jacqui Beutel